

Defend and Publish

Episode 89 How I Got Back into Writing after a Month off

Opened master project chart in Asana

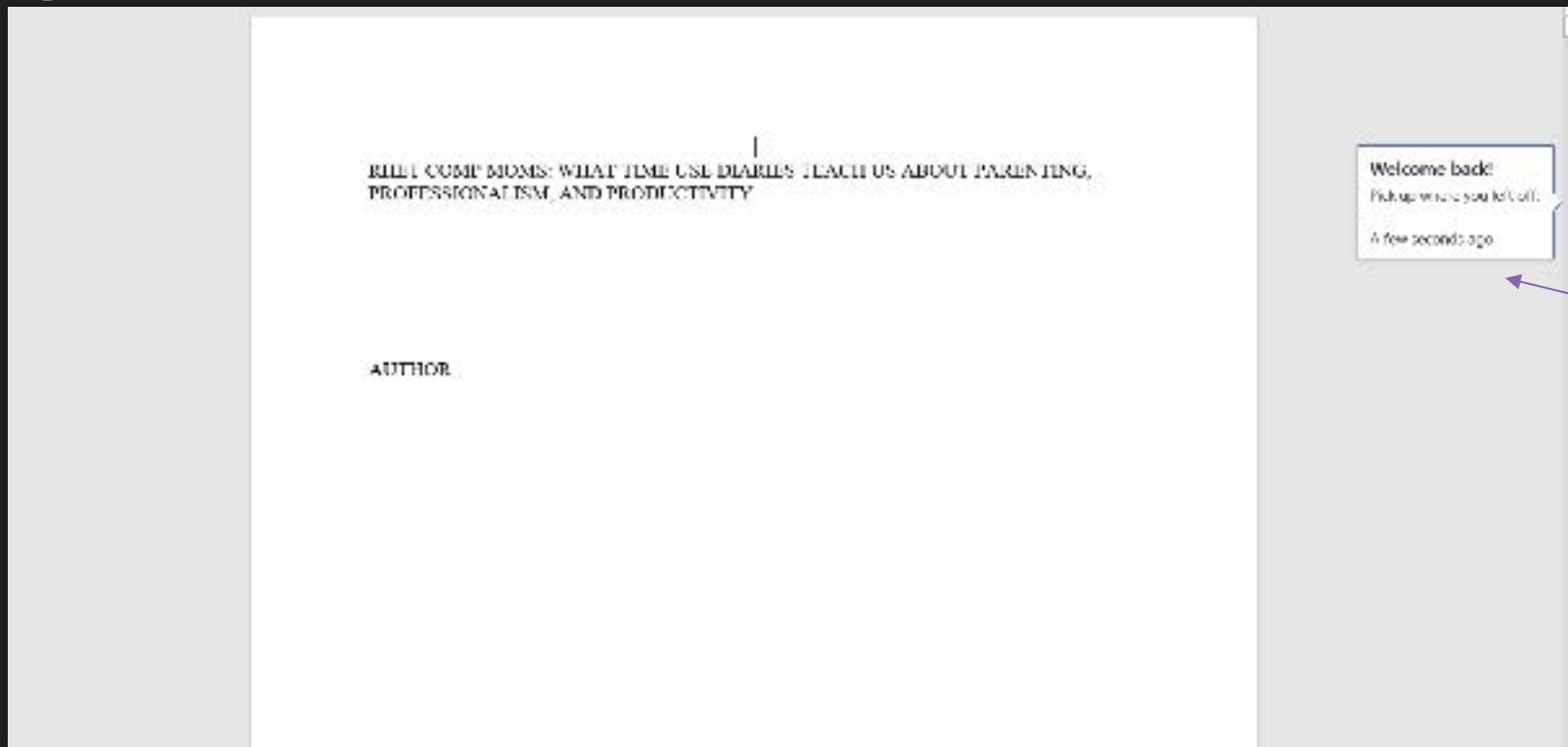
The screenshot shows the Asana project management interface for a project titled "RCM Book Revision". The interface is divided into several sections:

- Header:** "Welcome to the Indrivedu Organization" with a "Learn more" button.
- Project Name:** "RCM Book Revision" with a dropdown menu and "See status" link.
- Navigation:** Overview, List (selected), Board, Timelines, Calendar, Workflow, Dashboard, Messages, Files.
- Search and Actions:** Search bar, "+ Add task", "Add tasks", "Files", "Sort", and "Use" buttons.
- Task List:** A list of tasks under the "To do" section, including:
 - Look at all book charts - did I know = findings as in chapter two
 - Fill in missing peripheral details - appendix names, chapter, etc...
 - Fix a few highlights
 - Smooth out Chapter two - time use study
 - Check RCM vs that comp. items in all chapters
 - ▶ Add chapter summaries chapters two - four - 1-4
 - put names of those quoted on the front matter table
 - tidy up chapter 4 key - IP as code for integrated
 - define integrated scholarly productivity in intro and use as prepping at the end of all tables - time integral
 - What is this on page 15. During the pandemic for wrapping many helped children attend classes and complete
- Left Sidebar:** A navigation menu with items like "Home", "My tasks", "Board", "Reporting", "Archives", "Sub-projects", "RCM Book Revision", "Writing Project Manag...", "My Website", "My Teams", and "Invite team members".

Opened Penzu writing journal to review previous entry

The screenshot displays the Penzu writing journal interface. On the left is a dark sidebar with the user's name 'Christine's Writing Log' at the top. Below it is a search bar labeled 'Search journal...'. The sidebar contains several menu items: 'New Entry' (highlighted in blue), 'View All Entries', 'View Starred Entries', and a list of journal entries including 'ing Stock After 6 Week Break' (Mon, 9/12/2022), 'Chapter Two Writing and Fig...' (Thu, 7/21/2022), and ': Smoothing Introduction afte...' (Tue, 7/12/2022). The main content area has a red header with the 'penzu' logo and a 'Go PRO' button. The journal entry being viewed is titled '★ WS Chapter Two Writing and Figure Revision' and is marked as 'Saved 2 months ago'. The entry details show it was written on 'Thu, 7/21/2022' and contains '13 words'. A rich text editor toolbar is visible above the text, which includes options for font style (Monospace), font size (17), bold (B), italic (I), underline (U), strikethrough (ABC), bulleted list, numbered list, link, unlink, quote, and other formatting tools. The text of the entry reads: 'Read to smooth out chapter two wording' and 'Converting all tables to bar charts'.

Opened document



Stopped at section break

Stopped at this section break

Integrating Writing, Research, and Career Development: Writers who spent 2.1-6.9 hours a week writing for publication and a half hour a week on both research and career advancement are defined as "Integrating" as there is evidence these RCMs are in the process of integrating writing, research, and career development tasks within the work. This time allotment shows that while some scholarly tasks are integrated into the work week, integrating RCMs are spending less than eight hours a week on all scholarly productivity tasks combined. Like integrated participants, they recognize the value of scholarship and actively seek to. Diaries from this group show efforts to devote time to writing and other scholarly productivity tasks but time is more compressed and interrupted with both teaching and motherhood interruptions. Integrating participants frequently noted in diaries that they would like to be spending more time on scholarly work. Forty-six percent of participants fall into this category.

Striving to Integrate Writing, Research, and Career Development: RCMs who spent two hours or less on writing per week and less than a half hour a week on both research and career advancement are categorized as "striving." Sixteen percent participants fall into this category. For each category, hourly use patterns correlated across all three categories, meaning that if a

Add new tasks to Asana as I read

The screenshot displays the Asana web interface. On the left is a dark sidebar with navigation options: Home, My Tasks, Inbox, Reporting, Portfolios, Goals (with a 'New' badge), Teams, and a list of teams including 'Christine's First L...', 'RCM Book Revision' (selected), 'Writing Project Manag...', and 'New Website'. The main content area is titled 'RCM Book Revision' and includes a navigation bar with 'Overview', 'List' (selected), 'Board', 'Timeline', 'Calendar', 'Workflow', 'Dashboard', 'Messages', and 'Files'. A '+ Add task' button is visible at the top left of the task list. The task list has columns for 'Task name', 'Assignee', and 'Due date'. Under the 'To do' section, the following tasks are listed:

- Did I talk about lectures in the new chapter five?
- Look at all bar charts - do I have n - labelings as in chapter two
- Fill in missing parentheticals - appendix names, citations, etc.
- Fix green highlights
- Smooth out Chapter two - time use study
- Check RCM as chief comp moms in all chapters
- Add chapter summaries chapters two - four - 1 hr
- put names of those quoted on the front contributor list
- tables chapter 4 say IIP as code for integrated

Take breaks to avoid overwhelm



What does “getting back to writing” look like for you?

